

DISCIPLE LIKE  
**Jesus**

SMALL GROUP GUIDE





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# Week 1: Why Did Jesus Come?

**Big Idea:** Our God is a missional God. When humans fell into sin, He made it His mission to save them.

## *God is a Missional God.*

Read Genesis 3:1-6, 15, 21

**01. How do humans fall into sin?**

**02. How does God reveal His saving mission even in the garden?**

## *Jesus came to save the world.*

Read John 3:14-17

**03. What was God's purpose in sending His Son and how are we to be saved?**

**Digging Deeper:** God's mission does not end by saving us through Jesus Christ. Jesus also came to call us to follow Him and to disciple others.

## *Jesus came to send us.*

Read Matthew 4:18-22

**04. What was the purpose of Jesus calling the fishermen?**

## *Jesus calls the 12.*

Read Luke 6:12-16

**05. What does Jesus do before He calls the 12?**

***Jesus calls us.*****Read Luke 9:23*****06. What does Jesus say you must do if you come after Him?******Are you a spectator or are you on the field?*****Read Luke 9:57-62*****07. What does this Scripture tell you about following Jesus?******Reflection Questions:******08. Would you characterize yourself more as a spectator in following Jesus or more as a player on the field?******09. What would need to change to make you active in following Jesus?***

## Week 2: What is Discipleship?

**Big Idea:** True discipleship is not what the rabbis did nor what the present day church often does. True discipleship is a radical lifestyle that focuses on following Christ and training others to follow Christ.

### WHAT IS DISCIPLESHIP NOT?

#### *What the rabbis did --*

**Read Matthew 23:13-15**

**01. What was the problem with the rabbis' concept of discipleship?**

#### *What the present day church often does --*

**Read Matthew 9:35-38**

**02. Whom does the church expect to disciple others?**

**03. What is preventing a great harvest of souls?**

## WHAT IS TRUE DISCIPLESHIP?

**Discipleship is not** – A class, a seminar, a quick process, a suggestion.

**Definition:** “A lifelong journey and commitment of being a follower of Jesus and coming alongside a few selected people so that they become disciple makers in Jesus’ likeness, empowered by the Holy Spirit”(Dr. David Kim)

***04. How does this definition of discipleship differ from the usual view of being a church member?***

### ***The Great Commission***

**Read Matthew 28:16-20**

***05. What is the main mission of Jesus’ followers to be? How is that mission to be accomplished?***

### ***Reflection Questions:***

***06. Whom do you expect will disciple new people in your church?***

***07. What is Jesus calling you to do in following Him?***



## Week 3: How Did Jesus Disciple?

**Big Idea:** Being a disciple of Jesus means being transformed in every way – head, heart, hands, and habits. Being a disciple is much more than simply knowing some facts about what you believe.

### HOLISTICALLY - THE 4 H'S

#### Read 2 Timothy 3:14-17

#### *Head*

Understanding Christ centered theology and the mission of God is essential to following Jesus.

**The 5 Solas** – The 5 great “Solas”, or “Alones” illustrate how we are saved: 1) By Christ Alone, 2) By Grace Alone, 3) Through Faith Alone, 4) Revealed in Scripture Alone, and 5) for the Glory of God Alone.

#### Read Ephesians 2:8-9

**01. How are we saved? How does that reflect the 5 Solas?**

**Law and Gospel** – The Law Shows us our sin, the Gospel shows us our Savior.

#### Read Romans 3:23-24

**02. What do these verses tell you about the problem we have with God and His solution to our problem?**

**03. How are these principles central to our faith?**

## **Heart**

The heart focuses on the passion, values, call, motivation, and purpose of following Jesus.

**The 6 C's** – illustrate Christ's call to mission. They are: **1) The Great Confession** – “You are the Christ, the Son of the living God” (Matthew 16:16); **2) The Great Commandment** – “Love the Lord your God with all your heart, soul, and mind... Love your neighbor as yourself.” (Matthew 22:37-40); **3) The Great Commission** – “Make disciples of all nations by going, baptizing, training” (Matthew 28:18-20); **4) The Great Commitment** – “If anyone would come after Me, let him deny himself and take up his cross daily and follow Me” (Luke 9:23); **5) The Great Celebration** – “The great multitude that no one could number from every nation and tribe and people and language”(Revelation 7:9-10); **6) The Great Collaboration** – “That they may all be one that the world may believe that You have sent Me” (John 17:20-23)

### **Read Luke 5:1-11**

**04. Which of the 6 C's are illustrated by this story?**

## **Hands**

Following Jesus means using our talents, skills, and spiritual gifts for the mission.

### **Read Ephesians 2:10**

**05. What does God expect us to do after we are saved?**

## **Habits**

Our habits are to reflect our character, behavior, and lifestyle patterns in following Jesus.

### **Read Romans 12:1-2**

**06. How are we to present ourselves to God? How are we to be transformed from our old way of life?**

## ***Training and Sending.***

**Read Luke 10:1-12**

***07. How does Jesus send out the 72?***

## ***From Showing to Doing.***

**Read Acts 1:8**

***08. As Jesus is leaving what does He tell His disciples they will do?***

## ***Reflection Questions:***

***09. What area do you need to improve the most in following Jesus? Head? Heart? Hands? Habits?***

***10. Has anyone ever offered to disciple you? Do you need a discipler?***

## Week 4: What Does A Disciple Look Like?

**Big Idea:** If you are going to follow Jesus and train others to follow Jesus there are certain qualities that God must instill in you. These qualities are not nearly as much about skills as they are about character.

### 8 QUALITIES OF A DISCIPLE MAKER

#### ***1) Spiritually Broken***

**Read Matthew 5:3**

***01. What is the first quality of a disciple maker to be?***

#### ***2) Humble***

**Read John 3:30**

***02. How is our attitude to be like John's?***

#### ***3) Teachable***

**Read Matthew 21:28-32**

***03. How was the first son teachable in Jesus' story?***

#### ***4) Available***

**Read Luke 10:38-42**

***04. How is Mary available and why is Martha not?***

## ***5) Accountable***

**Read Luke 7:8**

***05. What does the centurion understand about accountability?***

## ***6) Loyal***

**Read 2 Timothy 2:2**

***06. How should loyal disciples train up others to follow Jesus?***

## ***7) Able to Teach Others***

**Read Luke 6:40**

***07. What should a trained disciple be able to do?***

## ***8) Perseverant***

**Read Philippians 3:7-11**

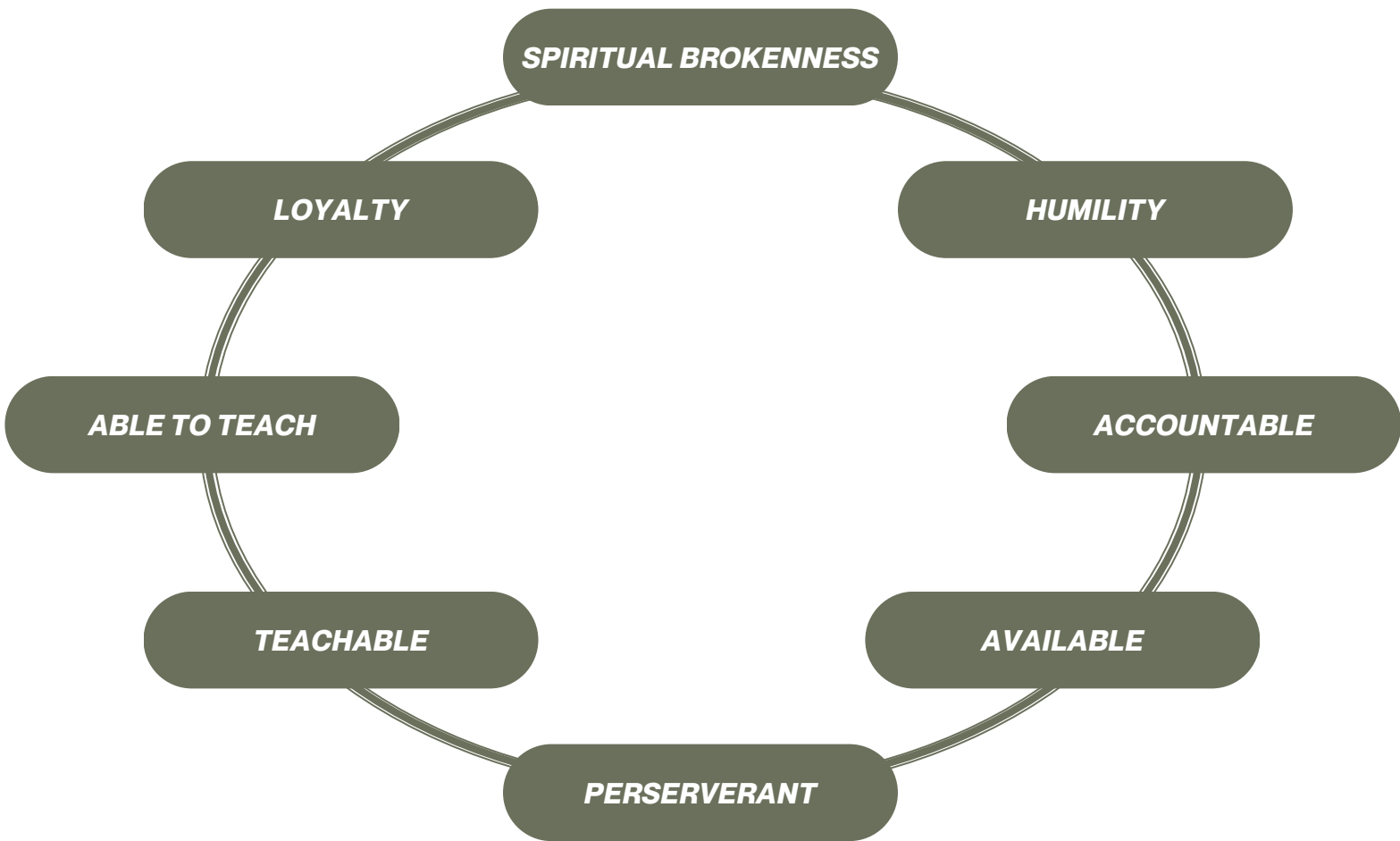
***08. What are Paul's priorities and goals?***

## ***Reflection Questions:***

***09. Of the 8 qualities of a disciple maker, which needs the most work for you? In which are you the strongest?***

***10. What do you think it means to be spiritually broken in your life?***

### *Qualities of a Disciple*



# Week 5: What are the Obstacles to Evangelism and Discipleship?

**Big Idea:** The devil would like to keep believers from witnessing and making disciples. This section looks at some of the ways this happens and how to overcome these obstacles.

## *Spiritual Warfare*

**Read Ephesians 6:10-20**

***01. What does the disciple fight against and what are the parts of their armor?***

## *Types of Obstacles*

Here are some of the outward obstacles in the church to following the Great Commission:

- Christians have no sense of urgency to reach lost people.
- Church membership today is more about getting my needs met rather than reaching the lost.
- Churches have lost their focus on making disciples who will thus be equipped and motivated to reach the lost.
- Our churches have too many activities, they are too busy to do the things that really matter.

Here are some of the internal obstacles to following the Great Commission:

**1) False beliefs; 2) Feelings of inadequacy; 3) Temptations and distractions; 4) Bitterness and unforgiveness; 5) Pride and rebellion; 6) Addictions of all types including sexual, drug, alcohol, and technology; 7) Woundedness and shame.**

**Read Luke 14:17-20 and John 6:66.**

***02. What were some of the reasons people did not follow Jesus?***

### ***Parable of the Soils***

**Read Matthew 13:1-9, 18-23**

***03. What are the three soils that do not produce a harvest?***

***04. What constitutes good soil for a disciple maker?***

### ***Reflection Questions:***

***05. What is your greatest obstacle in following Jesus?***

***06. Do you need to discuss some of these obstacles with a discipler?***



# Week 6: How Do I Become a Disciple Who Makes Disciples?

**Big Idea:** If people are to learn to follow Jesus, someone must disciple them. This section looks at how that is to happen.

## *The Reproduction Cycle*

**Read 1 Corinthians 3:1-3 and Ephesians 4:11-16**

**01. What is the problem with many Christians?**

**02. How are we to reach maturity in Christ?**

## *The 5-3-1 Strategy*

**Read John 1:36-37, 41-42 and Luke 13:6-9**

**03. How do people come to be disciples of Jesus?**

**04. What are we to do with those who are not yet bearing fruit (discipling others)?**

## FIVE ACTIONS

### 1. INTERCEDE

regularly for lost people who do not know Jesus as their Savior and Lord.

### 2. IDENTIFY

three people that do not know Jesus as their Lord and Savior.

### 3. INVEST

in building a friendship/relationship with each of them.

### 4. INVITE

them to know Jesus personally.

### 5. INVOLVE

them into the life of the church and in the discipleship process.

## THREE PEOPLE

I commit myself to the lord and to the Great Commission to take these five actions to intercede, identify, invest, invite, and involve these three people that do not know Christ so that they will walk with me as I walk with Christ.

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_

## ONE DISCIPLE

As I follow these five actions, I commit myself to identify one of these three people, and to seek to lead them in holistic growth as a disciple of Jesus in the following areas:

- **HEAD**
- **HANDS**
- **HEART**
- **HABITS**

1. \_\_\_\_\_

## FIVE ACTIONS

### 1. INTERCEDE

regularly for people who God is leading you to disciple.

### 2. IDENTIFY

three people that God is leading you to disciple.

### 3. INVEST

time with them for their development in the process of holistic growth.

### 4. INVITE

them to participate in the five evangelistic and/or discipleship actions.

### 5. INVOLVE

them in the process of intentional multiplication with the same missional DNA of Jesus.

## THREE DISCIPLES

I commit myself to the lord and to the Great Commission to take these five actions to intercede, identify, invest, invite, and involve these three disciples.

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_

## ONE DISCIPLE

As I follow these five actions, I commit myself to identify one catalyst leader with the same missional DNA of Jesus in the following areas:

- **HEAD**
- **HANDS**
- **HEART**
- **HABITS**

1. \_\_\_\_\_

## Evangelism Strategy

“Anyone **WITHOUT** Christ is a mission field.

Everyone **WITH** Christ is a missionary by vocation.”

- Rev. Dr. David Kim

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3

1

## Discipleship Strategy

“Anyone **WITHOUT** Christ is a mission field.

Everyone **WITH** Christ is a missionary by vocation.”

- Rev. Dr. David Kim

5

3

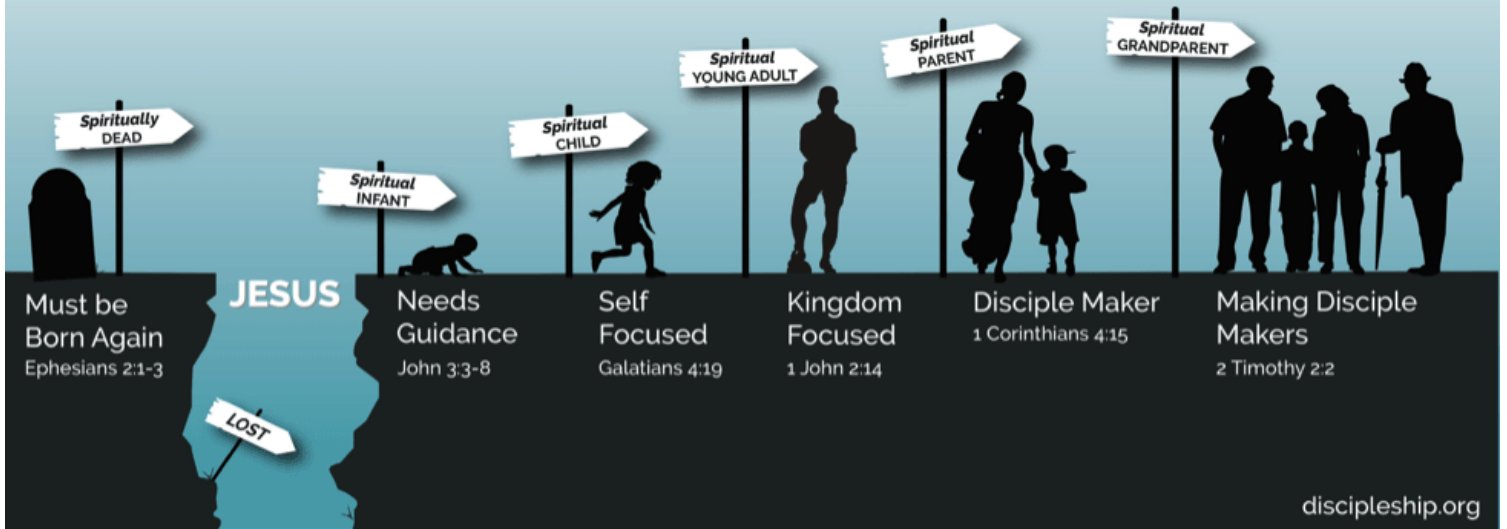
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**Reflection Questions:**

**05. In what stage of maturity are you in following Jesus?**

**06. What part of the 5-3-1 strategy do you not understand? What do you understand?**

# The Discipleship Process



# Week 7: How Do I Disciple Others?

**Big Idea:** How do I practically disciple other people?

## *Paul's Encouragement*

**Read 1 Corinthians 11:1**

***01. What does Paul tell his disciples to do?***

## *Intentional Strategy*

**Read Matthew 4:18-22**

***02. How did Jesus disciple others? How should you disciple others?***

## *Relational Techniques*

**Read Mark 3:14**

***03. How are relationships crucial to discipleship?***

## *Transformational Goals*

**Read Philippians 4:8-9**

***04. How are disciples transformed to be like Christ?***

## ***Transformissionable Purpose***

**Read Matthew 4:19**

***05. What is our purpose here on earth?***

## ***Reflection Questions:***

***06. What would I need to change to have others imitate me as I imitate Christ?***

***07. What is preventing me from being discipled right now?***

## 5-3-1 Evangelism and Discipleship Strategy

### A comparison of Conversion by Addition and Discipleship by Multiplication

Note: This assumes that an evangelist reaches one person a day, and a disciple trains one person a year.

Year	Conversion by Addition	Discipleship by Multiplication
1	$365 \times 1 = 365$	$1 \times 2 = 2$
2	$365 \times 2 = 730$	$2 \times 2 = 4$
3	$365 \times 3 = 1,095$	$4 \times 2 = 8$
4	$365 \times 4 = 1,460$	$8 \times 2 = 16$
5	$365 \times 5 = 1,825$	$16 \times 2 = 32$
6	$365 \times 6 = 2,190$	$32 \times 2 = 64$
7	2,555	128
8	2,920	256
9	3,285	512
10	3,650	1,024
11	4,015	2,048
12	4,380	4,096
13	4,745	8,192
14	5,110	16,384
15	5,475	32,768
16	5,840	65,536
17	6,205	131,072
18	6,570	262,144
19	6,935	524,288
20	7,300	1,048,576
21	7,665	2,097,152
22	8,030	4,194,304
23	8,395	8,388,608
24	8,760	16,777,216
25	9,125	33,554,432
26	9,490	67,108,864
27	9,855	134,217,728
28	10,220	268,435,456
29	10,585	536,870,912
30	10,950	1,073,741,824
31	11,315	2,147,483,648
32	11,680	4,294,967,296
33	12,045	8,589,934,592

Apostolic Ministry

Evangelistic Ministry

Prophetic Ministry

Teaching Ministry

Shepherding Ministry

Apostolic Ministry

### SEEK THE LOST

### DISCIPLE THE FOUND

### MULTIPLY DISCIPLE MAKERS and CHURCHES

#### REACH ONE!

##### PLOWING & PLANTING

##### SPIRITUAL WARFARE

##### CHRIST FOR US

##### EVANGELISM

- Leading to discipleship

##### COMMUNITY ENGAGEMENT

- Serve the lonely, the last,

the needs of the lost,

least, the languishing

- Seek persons of peace as

a base of ministry

INTERCEDE For the Lost

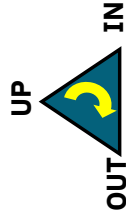
IDENTIFY 3 Unbelievers

INVEST Relationally

INVITE To Know Jesus

INVOLVE 1 In Next Steps

Build Kingdom Relationships



##### MEETING NEEDS

- Spiritual
- Physical
- Relational
- Intellectual
- Financial

#### BAPTIZE!

#### BE ONE!

##### WATERING & WEEDING

##### CARNAL VS. SPIRITUAL

##### CHRIST IN US

##### THE WHY & THE WHAT

- Worship & Prayer
- Christology
- Missiology
- Ecclesiology
- The 4-H's

INTERCEDE For Disciples

IDENTIFY 3 people

INVEST Time to Grow

INVITE To Be Discipled

INVOLVE 1 In Next Steps

#### MAKE ONE!

##### OBEDIENCE OF FAITH

##### HEAD

- 5 Solas/Law-Gospel
- Doctrines / Catechesis

##### HEART

- 6 Great C's
- Motivations

##### HANDS

- Good, Better, Best
- Put into Practice
- Skills Development

##### HABITS

- Prayer & Word
- Follow Spirit
- Character Development

Steward Missional Teams

#### FOLLOW TO LEAD

##### HARVESTING & REINVESTING

##### SPIRITUAL DISCIPLINE

##### CHRIST THROUGH US

##### BUILD MISSIONAL TEAMS

- Leadership Development
- Spiritual Gifting
- Vocational Roles
- Resourcing & Equipping

##### COMMISSION & DEPLOY MTS

SPIRITUAL BROKENNESS

HUMILITY

TEACHABILITY

AVAILABILITY

ACCOUNTABILITY

LOYALTY

ABILITY TO TEACH

PERSEVERANCE

#### CATALYST LEADER

##### SENT OUT MOVEMENT

##### IN THE SPIRIT/CRUCIFIED SELF

##### MULTIPLY DISCIPLE MAKERS

- All-in Attitude
- Accurate Vision
- Assess
- Align / Adjust
- Assign, Empower, Equip
- Accountable Mentoring
- Always in Prayer

##### MULTIPLY CHURCHES

- Pray
- Philosophy
- Person
- Plan
- Place
- Partnership
- Personification

INGARNATIONAL

POSTOLOGICAL

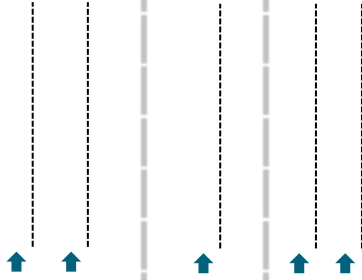
GROSS-CULTURAL

LOCAL

REGIONAL

GLOBAL

##### SPECIFIC INITIATIVES



Beginning Infants

Growing Adolescents

Reproducing Parents

Maturing Adults

Catalyzing Leaders

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